

Sailing Gear List



You will be sailing with the Drayton Harbor Maritime Community Sailing Program. Lessons will include a Sunday evening swimming test and capsizing drill. Also, you will meet at Gate 2 of the Blaine Marina for lessons from 8:45-1:00 Monday through Friday.

- ✓ Backpack or bag for your things
- ✓ Water bottle
 - At least 32 ounces per day (no soda, no “energy” drinks, and no other caffeinated drinks; Gatorade or similar drinks are fine)
- ✓ BIG, “green” lunch and snacks
 - Minimize pre-packaged foods and candy
 - Aim for healthy options like sandwiches, fruit, nuts, granola bars, etc.
- ✓ Jacket (waterproof or rain jacket—in case it rains)
- ✓ Lots of layers (t-shirt, long sleeve shirt, sweatshirt, fleece jacket, etc.)
 - No skimpy tank tops or short shorts—BRING SCHOOL APPROPRIATE CLOTHING
- ✓ Modest swimsuit (no bikinis please)
- ✓ Closed-toe shoes
- ✓ Extra clothes and a towel, in case you get wet!
- ✓ Sunglasses, sunscreen, lip balm, and bug spray
- ✓ Visor or ballcap
- ✓ Gloves and warm hat, in case you get cold
- ✓ Any personal medications or inhalers (you will give these to Rocks and Water staff to carry)
- ✓ A smile and a great attitude! ☺

REMEMBER TO BRING YOUR LUNCH EACH DAY!!!

LEAVE YOUR IPODS, MP3 PLAYERS, HANDHELD VIDEO GAMES AND ALL OTHER ELECTRONIC DEVICES AT HOME. CAMERAS AND CELL PHONES ARE OKAY, BUT BMS/ROCKS AND WATER CANNOT BE HELD RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS.